

Health services for tourists

provided by public institutions in the Region of Istria

Summer 2023

Pursuant to the contractual obligations with the HZZO (Croatian Health Insurance Fund), the Region's health institutions provide services both for national and foreign tourists staying in the area of the Region of Istria. Should the need for immediate medical assistance be required, all tourists are entitled to health care under the same conditions as Croatian insured parties provided they have a valid European Health Insurance Card (EHIC). Domestic tourists can access health care if they have a valid HZZO card. The following text provides information on the conditions and ways of access to health care for tourists.

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**** In case of life-threatening emergencies or serious health-affecting conditions, call 194 for emergency medical assistance***

(sudden breathing difficulties, choking on a foreign body, cardiac and respiratory arrest, loss of consciousness, sudden chest pain, spasms (convulsions), speech difficulty, weakness or paralysis of a part of the body, facial distortion, traffic accident injuries and other sudden injuries (falls from height, gunshot wounds), abnormal bleeding, electrical and lightning injuries, hypothermia, heat stroke, drowning, medicine poisoning).

In the event of acute events occurring outside the working hours of tourist medical clinics or family doctors, emergency care is provided 24/7 by medical clinics at branch offices of the Istrian Region's Institute for Emergency Medicine.

The location of the medical clinics of the emergency healthcare service in Istria as well as all additional information can be found on the website of the Istrian Region's Institute for Emergency Medicine <https://zhmiz.hr/>.

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**** In case of acute illnesses and non-life-threatening conditions...***

(conditions for which you would normally see your doctor, such as airway inflammation, viral infections, high fever, minor burns, minor accidents, abdominal pain, back pain, etc.)

...contact a doctor for help using the Istrian Health Centres website information or visiting a tourist medical clinic.

You can find information about the **nearest doctors (GPs)**, their contact details and addresses, including working hours, on the Istrian Health Centres website www.idz.hr (under „Ispostave“).

On weekdays and Saturday mornings, tourists are received by the GPs in the branch offices of the Istrian health centers. Patients are admitted for medical services if they hold a valid European Health Insurance Card (EHIC), otherwise they are charged for the medical treatment.

Additional general practitioner practices, the so-called **tourist medical clinics**, are organized on weekends and holidays in Poreč, Rovinj and Labin in the main buildings of the Istrian Health Centres branch offices, while in Pula the additional GP practice is located at Pula General Hospital, Santorioriva 24A.

All information about the operation of tourist medical clinics can be found on the Istrian health

centers website www.idz.hr which is updated daily.

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**** If you need the services of a paediatrician, gynaecologist or dentist, you can find their contact information on the Istrian Health Centres' website.***

You can find information about the **nearest paediatricians, gynaecologists and dentists**, their contact details and addresses, including working hours, on the Istrian Health Centres website www.idz.hr (under „Djelatnosti“).

On weekends and public holidays, a paediatrics and gynaecology emergency clinic are on duty at Pula General Hospital, Santoriova 24A.

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**** If a patient has completed a medical examination and needs to be admitted to hospital...***

Pula General Hospital, situated in Santoriova 24A in Pula, manages emergencies requiring urgent diagnostic workup or urgent treatment through an emergency system comprising the Comprehensive Emergency Hospital Admission Service and the emergency clinics of the following units: Paediatrics, Gynaecology, Infectiology, Psychiatry as well as Laboratory, Transfusion and Radiological Diagnostics.

Hospital units that **DO NOT** provide emergency examinations are: Dermatovenerology, Physical Medicine, Nuclear Medicine, Pathology and Cytology.

For further information, visit www.obpula.hr.

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**** If a patient needs an out-of-hours pharmacy, all relevant information can be found on the Istrian Pharmacies website.***

The Centar Pharmacy, Giardini 14, Pula, is open 24/7 (on duty at night-time). Working hours and addresses of all other pharmacies can be found on the website www.istarske-ljekarne.hr.

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**** If you need emergency services in the field of epidemiology and microbiology, or emergency disinfection, disinsection and rat extermination, call 112 for information about services on duty.***

For further information, visit the Istrian Region Public Health Institute website www.zzjiz.hr.

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**** Patients with injuries of the locomotor system, cuts or suspected bone fracture can also receive treatment at the Martin Horvat Hospital in Rovinj.***

The Martin Horvat Hospital in Rovinj operates a medical clinic for traumatology of the locomotor system, which is open every weekday from 8:00 am to 3:30 pm. Contact numbers: +385 52 811 011 or +385 52 537 126

For further information, visit: www.bolnica-rovinj.hr.



Health services for tourists

provided by private tourist medical clinics in the Region of Istria
Summer 2023

** In case of acute illnesses and non-life-threatening conditions you can also contact a private tourist medical clinic.*

TOWN	INSTITUTION	ADDRESS	Open in 2023	Opening hours	CONTACT
Pula	Terra Medica - Tourist Medical Centre	Amfiteatarska 8, Pula	From 01/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Pula	Terra Medica - Tourist Medical Centre	Home visit	From 01/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Pula	Health 4 U	Park Plaza Verudela Verudela 17 Pula	From 01/06	Every day 09:00 – 17:00	zlata.jurcec@gmail.com + 385 52 332 908 + 385 99 44 20 202
Fažana	Terra Medica - Tourist Medical Centre	Holiday Centre Bi Village, Dragonja 115 Fažana	From 15/05	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Fažana	Terra Medica - Tourist Medical Centre	Home visit	From 01/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Medulin	Health 4 U	Park Plaza Belvedere Osipovica 33 Medulin	From 01/06	Every day 09:00 – 17:00	zlata.jurcec@gmail.com + 385 52 332 909 + 385 99 44 20 202
Medulin	Terra Medica - Tourist Medical Centre	Ulica SAD 37, Medulin	From 15/05	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Medulin	Terra Medica - Tourist Medical Centre	Home visit	From 01/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Umag	Dr. A. Wilson Practice	Monterol 18 Stella Maris Umag	15/05 – 30/09	Every day 09,00-13,00 17,00-21,00	https://ordinacija-drwilson.business.site + 385 91 / 529 5366
Umag	Dental Clinic Dr. Wilson	Monterol 18 Stella Maris Umag	15/05 – 30/09	24/7 telephone availability of a doctor Every day +385 98 181 6921 +385 91 529 5366	https://dental-clinic-dr-wilson.business.site + 385 91 / 529 5366

Brtonigla	Ervin Prekali General Medicine Practice	Ladin gaj 132 (Autokamp park Umag) Karigador Brtonigla	01/07- 31/08	Mon, Wed, Fri 8,00-14,00 17,00-19,30 Tue, Thu 12,00-20,00 Sat, Sun 09,00-13,00	ordinacijaladingaj@gmail.com +385 52 / 756 290
			Rest of the year	Mon, Wed, Fri 7,00-14,30 Tue, Thu 13.00-20.30	
Rovinj	Dr. Berkarić Practice -Tourist medical center	Trg na Lokvi 1 Rovinj	01/06 – 1/10	Every day 08,00 -16,00	ordinacija.dr.berkaric@gmail. com +385 99 / 409 54 66
Rovinj	Medicus doo Valalta Medical Clinic	Cesta za Valaltu Lim 7 Rovinj		Every day 09,30 – 20,00 24/7 telephone availability of a doctor	www.medicus.hr +385 91 / 312 08 61
Rovinj	Terra Medica - Tourist Medical Centre	Maistra Camping - Polari, Rovinj	From 15/05	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Rovinj	Terra Medica - Tourist Medical Centre	Campsite Amarin, Monsena 1 Rovinj	From 15/05 .	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Rovinj	Terra Medica - Tourist Medical Centre	Home visit	From 15/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Labin	Dr. Berkarić Practice -Tourist medical center	Trg Labinskih rudara 4 Labin	01/06 – 1/10	Every day 08,00 -16,00	ordinacija.dr.berkaric@gmail. com +385 99 / 760 83 60
Rabac	Medicus doo Rabac Medical Clinic	Kuća Valamar, Meditranska 1 Rabac		Lun-Ven 09,00 – 12,00 24/7 telephone availability of a doctor	www.medicus.hr https://ambulance- rabac.business.site/ +385 99 / 758 70 20
Poreč	Helios MEDIC	Hotel Materada Materada 35 Poreč	01/06 – 30/09	Every day 09,00 – 17,00 On-call availability from 17:00 to 22:00	heliosmedic@gmail.com +385 91 / 160 20 32
Poreč	Terra Medica - Tourist Medical Centre	Istra Premium Camping Resort Grgeti 35, Funtana	From 01/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Poreč	Terra Medica - Tourist Medical Centre	Home visit	From 01/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
Tar	Terra Medica - Tourist Medical Centre	Lanterna Apartments - Sunny Resort by Valamar Lanterna 11 Tar	From 15/05	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104

Tar	Terra Medica - Tourist Medical Centre	Home visit	From 01/04	Every day 08:00 – 22:00	info@terramedica.eu https://terramedica.eu +385 98 410 680 +385 98 212 104
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